



University
of Glasgow

STRADA
Expanding knowledge, changing practice



Motivational Interviewing with Drug and Alcohol Use

This University of Glasgow accredited course is being offered both as part of the Postgraduate Programme in Drug and Alcohol Studies and as a stand alone Continuous Professional Development course.

The course is designed to enable participants to examine critically the theory and practice of Motivational Interviewing.

It will present the opportunity to enhance existing knowledge and skills as well as provide a comprehensive introduction to those with little or no experience of Motivational Interviewing.

DrugScope



Course Learning Outcomes

By the end of this course participants will be able to:

- Critically examine the effectiveness of Motivational Interviewing (MI) in terms of theories of change
- Illustrate the technical components of Motivational Interviewing; intrinsic motivation, ambivalence, readiness to change and how conversation influences behaviour
- Demonstrate a critical analysis of the various key MI-consistent practice practitioner behaviours
- Evaluate appropriate circumstances within which Motivational Interviewing may be used in a manner consistent with practice responsibilities

Course Dates

Participants will attend five teaching sessions on the below dates:

- 29th September 2014
- 30th September 2014
- 22nd October 2014
- 12th November 2014
- 26th November 2014

Cost

- The total cost of this module with academic accreditation is £594.00.
- If taken as CPD only, the cost is £415

Recommended Entry Requirements

- To be in regular contact with people in a helping relationship.
- If you wish to receive academic accreditation, you need to have a first degree in a relevant discipline.

How to Apply

Please contact Juliet Westwood, Programmes Administrator, for an application form.

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