



## ADBBV Forum Event

### Young People Preventing Alcohol & Drug Related Harm

#### EVENT CASE STUDIES FEEDBACK

<b>Common Themes:</b>	<b>Louisa</b>	<b>Sean</b>	<b>Ian</b>
<ul style="list-style-type: none"> <li>• Identify role of alcohol (poly-drug)</li> <li>• Drug Supply routes</li> <li>• Structured time</li> <li>• Goals (short/long)</li> <li>• GIRFEC</li> <li>• Buddy/Mentoring &amp; Role Model</li> <li>• Mental Wellbeing</li> <li>• Self-Esteem / Confidence / Identity</li> <li>• Coping Strategies</li> <li>• OD Risks</li> <li>• Relationship building</li> <li>• Family support inputs</li> <li>• Consistency</li> <li>• Continuity</li> <li>• Co-ordination role</li> <li>• Therapeutic,</li> </ul>	<p>Alcohol Use – Poly-drug concerns?            Family Supports            Parenting Style            Family Time / Structure            Attachment            Access to Money            Make use of positive influences            Drug Supply?            Use of time            Volunteering / PT            Work            Self-esteem and expectations            Short-term goals            Role of named person (GIRFEC)            Boundaries            Peer preference            Buddy system – Mentoring            Role of stress            Identity            OD risks</p>	<p>Mental Health            Bereavement            Hobbies and link with substance misuse            Family work            Identify positive destinations            Coping Strategies            Identity issues            Harm Reduction approaches            Group Living a negative issue            Relationships            Throughcare supported tenancy            Address reasons for weapon carrying            Attention seeking behaviours? Explore            Rejection counselling            FAS(D)?            Break the Cycle intervention            Look at possible dependency issues</p>	<p>Community Links?            Personalised support package            All aspects health            Address social emotional needs            Self medicating            Long terms planning – goals            Continuity of Supports            Attachment            Specialist Education provision            Self esteem            Role model / mentor            Structure time/day            Purpose            Need more inclusion rather than exclusion            Look at positive social network            Caution – too many services can get involved? Co-ord?            Ed Psych            OD Risks</p>

<p>trusting relationships</p> <ul style="list-style-type: none"> <li>• Inclusion</li> <li>• Specialist Provision (Access to)</li> <li>• Harm reduction, address / reduce vulnerabilities</li> <li>• Build capacity of individual (resilience)</li> </ul>			<p>Loyalty/Trust to be built</p> <p>Self-expression of emotions</p> <p>Take responsibility (pet)</p> <p>Assessment of mental wellbeing</p> <p>Security/Permanency</p> <p>Therapeutic relationship</p> <p>Build capacity reduce vulnerability</p>
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